## **Shevets Valentina, DPT**

**Date of birth:** 4<sup>th</sup> March 1989

Living place: Sumy, Ukraine

**Education:** Bachelor's degree in Nursing and Obstetrics - Sumy State Medical College 2006-2009

Master's degree in Physical Therapy – Sumy State Pedagogical University 2010-2016.

## **Experience:**

2009 - 2010 - midwife in Sumy City Clinical Hospital №5

2011 - 2016 - nurse of the cardiology department of Sumy Regional Geriatric Center

2016 - 2020 - nurse of the neurological department of Sumy City Clinical Hospital №1

From 01.02.2020 – PhD students and junior assistant of the Department of Physical Therapy, Ergotherapy and Sports Medicine of Sumy State University

## **Last publications:**

- 1. <u>Shevets (Buivalo) V.</u>, Yezhova O., Sytnyk O., Voropaiev D. Application of interdisciplinary approach in preparation of future medical specialists for health promotion. Wiadomości Lekarskie, V.36 (45), pp. 1283 1284.
- 2. <u>Shevets (Buivalo) V.</u>, Brizhata I., Voitenko V., Sytnyk O. Modern Trends in Physiotherapy Support of Sports Activities and Rehabilitation Practice in Sports (on the Example of the Sumy University Clinic). Acta Balneologica., V.7 (12), pp. 197 201.
- 3. <u>Shevets (Buivalo) V.</u>, Yezhova O., Krasnyukov A. The use of therapeutic exercises to correct swallowing due to stroke. Sumy, North-Eastern Ukrainian Medical Journal, 2021, p. 129-137.
- 4. Stepanenko O., <u>Shevets (Buivalo) V.</u> The use of visual methods in the diagnosis of tendinopathy of athletes. Scientific Journal of the National Pedagogical University named after Drahomanov, Kyiv, 2021, pp.117-120.
- 5. Brizhata I., <u>Shevets V.</u> An interdisciplinary approach to practice-oriented training of future physical therapists within the higher education system. Glukhiv, Pedagogical sciences, V2 (46), 2021, pp. 66-75.

- 6. <u>Shevets V.</u>, Brizhata I., Voitenko V. Medico-biological approaches to the recovery of athletes during training periods. Scientific journal "Bulletin of the National University" Chernihiv Collegium ", 2021, pp. 130-135.
- 7. Olga Yezhova, Alexander Stepanenko, <u>Valentina Shevets (Buivalo)</u>, Dmitry Voropaev, Olga Sitnik, Svetlana Korol. Adaptation of the VISA-P scale for Ukrainian-speaking patients with patellar tendinopathy and its reliability. Physical education, Sport and Health culture in modern society, № 2 (54), 2021, pp. 120 126.

**Professional memberships:** Ukrainian Association of Physical Therapy.

Languages skills: free Ukrainian, Russian and English, elementary level Czech.